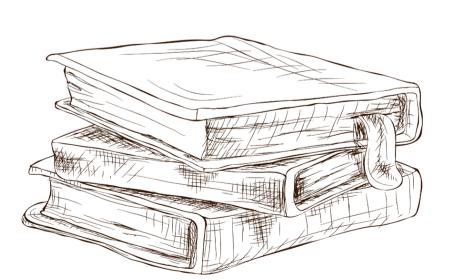
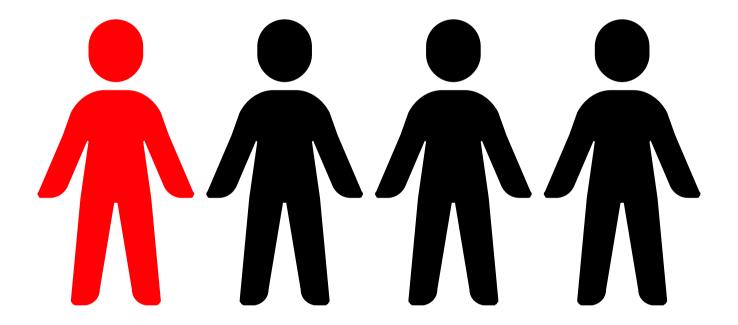


# CANCER IN SINGAPORE



Week 3 Presentation- Group 3F

### FREQUENCY OF PEOPLE GETTING CANCER



1 IN 4 PEOPLE MAY DEVELOP CANCER IN THEIR LIFETIME.

"Scary"

"Incurable"

"Death"

"Heartbreaking"

## WHAT DO PEOPLE THINK OF CANCER?

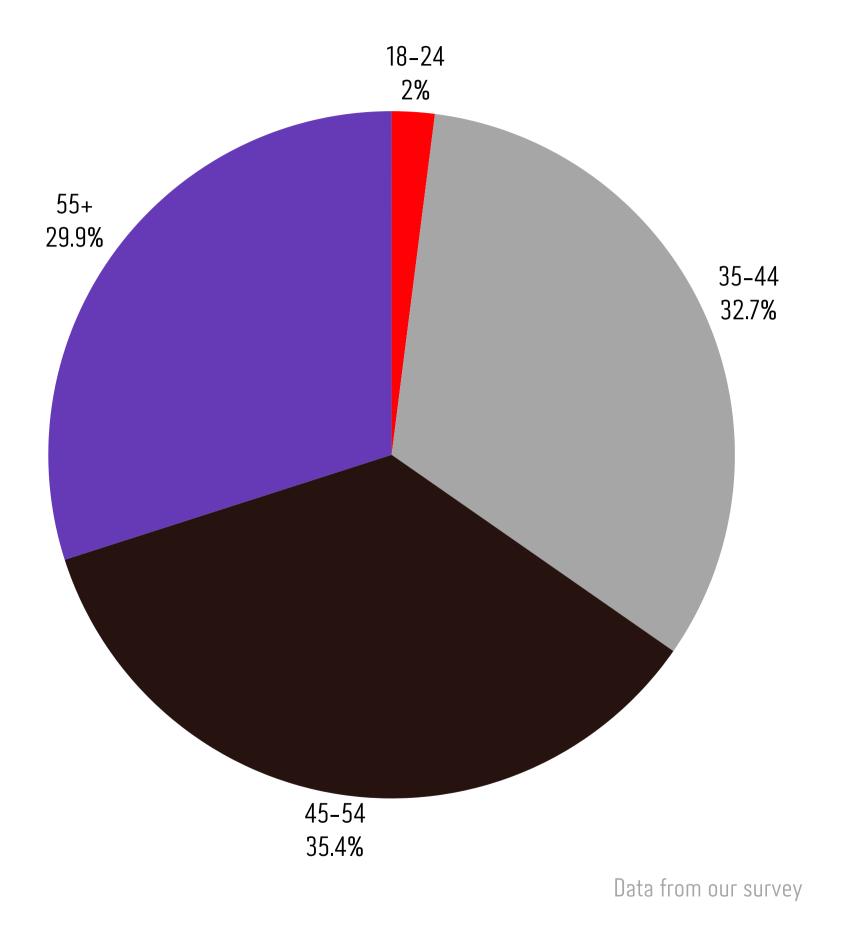
"Torture"

"Old people's disease"

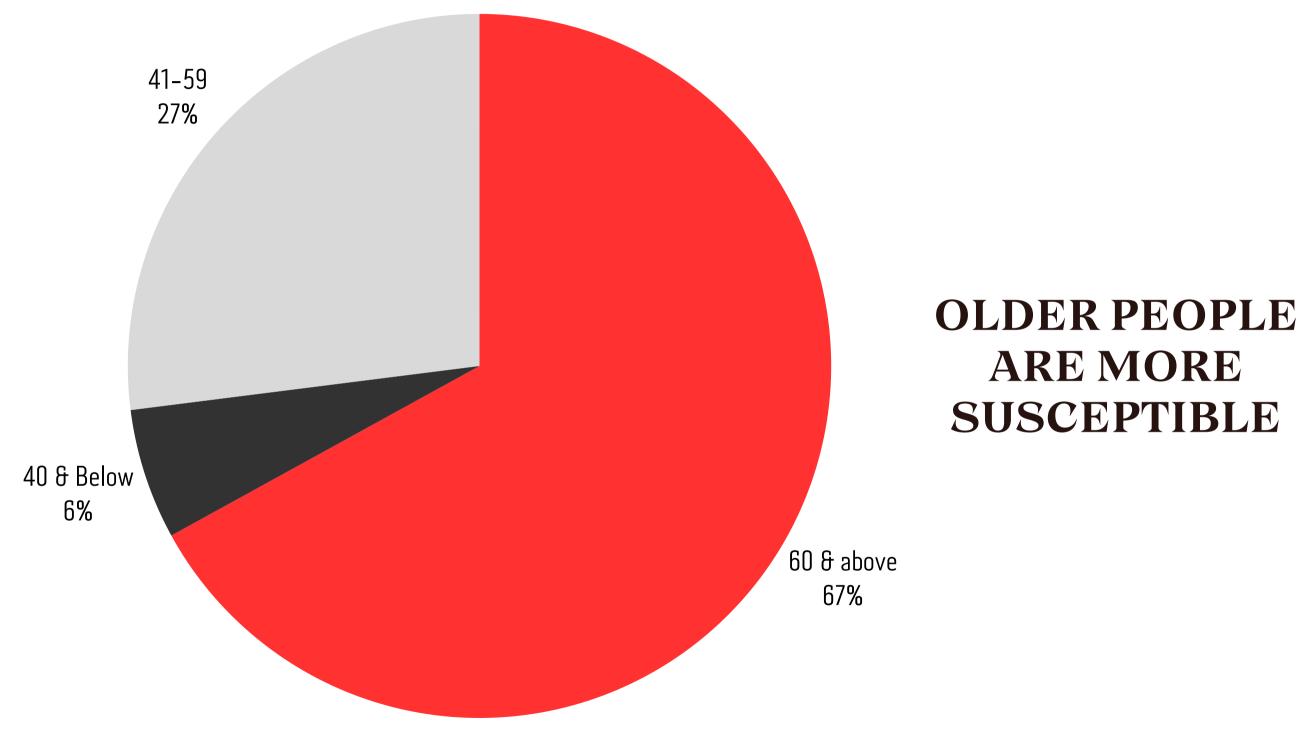
"Pain"

"No hair"

What age group do you think has a higher chance of getting cancer?



#### PATIENTS DIAGNOSED FROM 2017-2021



Data from Ministry of Health



### CANCER SCREENINGS

#### Screen for life:

Breast Cancer & Colorectal Cancer screening (only for > 40y/o & >50y/o respectively)

Age	Screening for women	Screening for men
18 - 24		
25 - 39		
	Cervical cancer	
40 - 49		
	Breast cancer	
	Cervical cancer	
50 - 64		
		Colorectal cancer
	<ul><li>Breast cancer</li><li>Cervical cancer</li></ul>	Colorectal cancer
	Colorectal cancer	
55 years and above		
	Breast cancer	Colorectal cancer
	Cervical cancer	22.2. 23

# SERVICES MORE CATERED TO PEOPLE OVER 40 IN SINGAPORE



#### **GOLDEN** programme:

A one-stop centre for older adults diagnosed with cancer



#### **365 Cancer Prevention Society:**

A lot of activities situated at towns with high population of older people (Clementi, Ang Mo Kio, Bukit Panjang, Tampines)

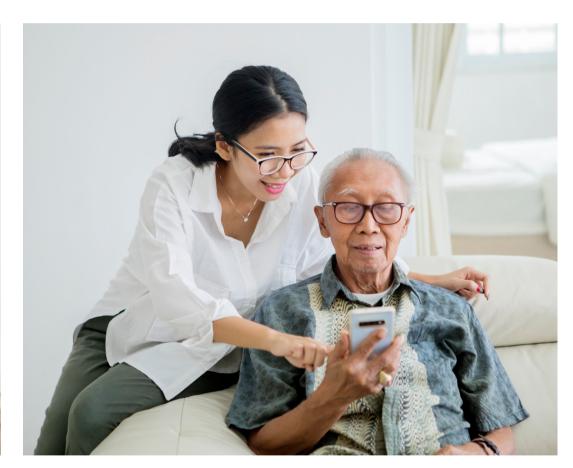
### Affects people of any age



Children (0-18)



Young Adults (19-40)



Middle-Aged & Elderly (41+)

# Children (0-18)

- Children's Cancer Society (social workers attached)
- Child Survivor support groups
- Schooling Programme
- Place for Academic Learning and Support (PALS)
- Opportunity Fund (allows survivors to learn and develop new life skills/ knowledge)
- Specialist Clinic (Therapy)

### Young Adults (19-40)

- Adolescent and Young Adult Oncology (AYAO) support group @ NCCS
- Digital App



01

Children (0-18)

Met with sympathy and compassion due to being young.

02

Young Adults (19-40)

Expected to be emotionally and financially independent; have bigger goals and aspirations.

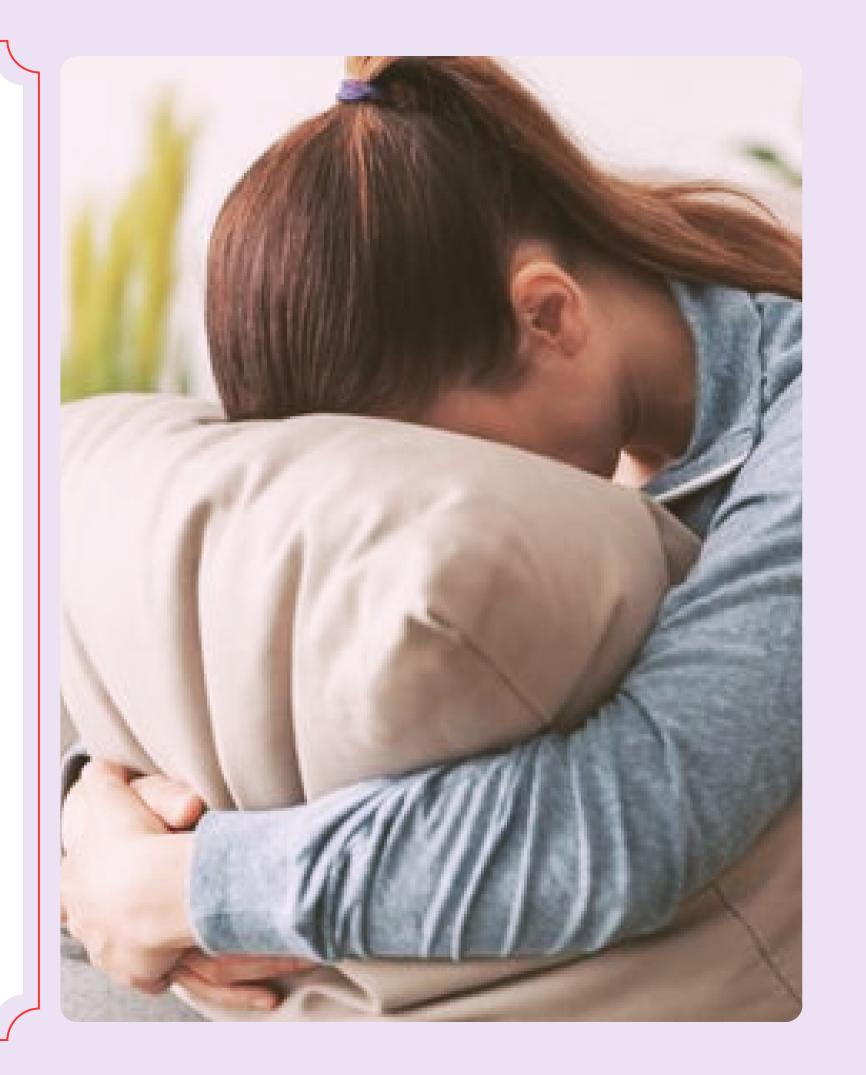
03

Middle-Aged & Elderly (41 +)

It is anticipated that older individuals are more prone to health issues and terminal illnesses due to age.

# Specific struggles faced by young adults

- Lack of life savings/money
- Juggle work & Treatment
- Less peers understanding their experience
- Expectation to 'bounce back'
- Concerns about fertility
- More self-conscious about physical appearance



**Problem Statement:** 

Young adult going through cancer lack dedicated support for their unique needs.

How might we provide better support for young adults going through cancer?

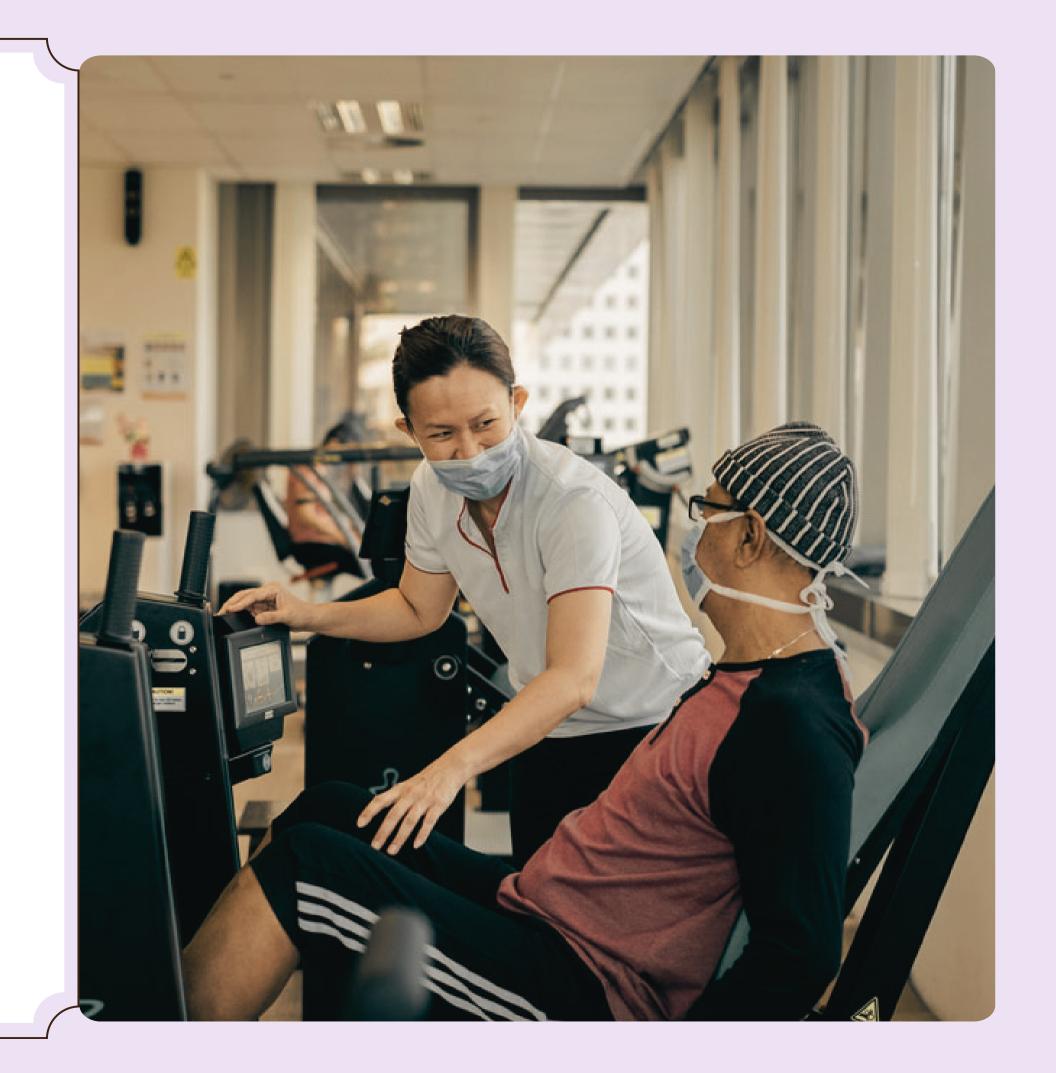




- The largest cancer advocacy and support organisation in Singapore.
- Self-funded voluntary welfare organisation that aims to close the cancer care gap and ensure that no one faces cancer alone

### Services

- 1. Financial and Welfare Aid
- 2. Home Hospice Care Services
- 3. Rehabilitation Support Programs
- 4. Free Cancer Screening Services
- 5. Cancer Awareness and Educational Programs
- 6. Psychosocial Support
- 7. Partnerships and Talks\*



### Raising Awareness

O1 Race Against Cancer

**O2** Cycle for hope

**O3** Relay For Life



### Challenges faced

- O1 Lack of funding to sustain services
- **O2** Lack of public awareness and sphere of influence
- O3 Lack of volunteers
- O4 Limited and inaccessible support group based on age



### Persona Hi, I'm Priscilla Teo



#### **ABOUT**

Age: 28

Gender: Female

Occupation: Project Manager

#### HEALTH

1. Diagnosis: Stage 3 Lymphoma

2. Treatment: Currently undergoing chemotherapy

#### **GOALS**

- 1. Survive
- 2. Start a family

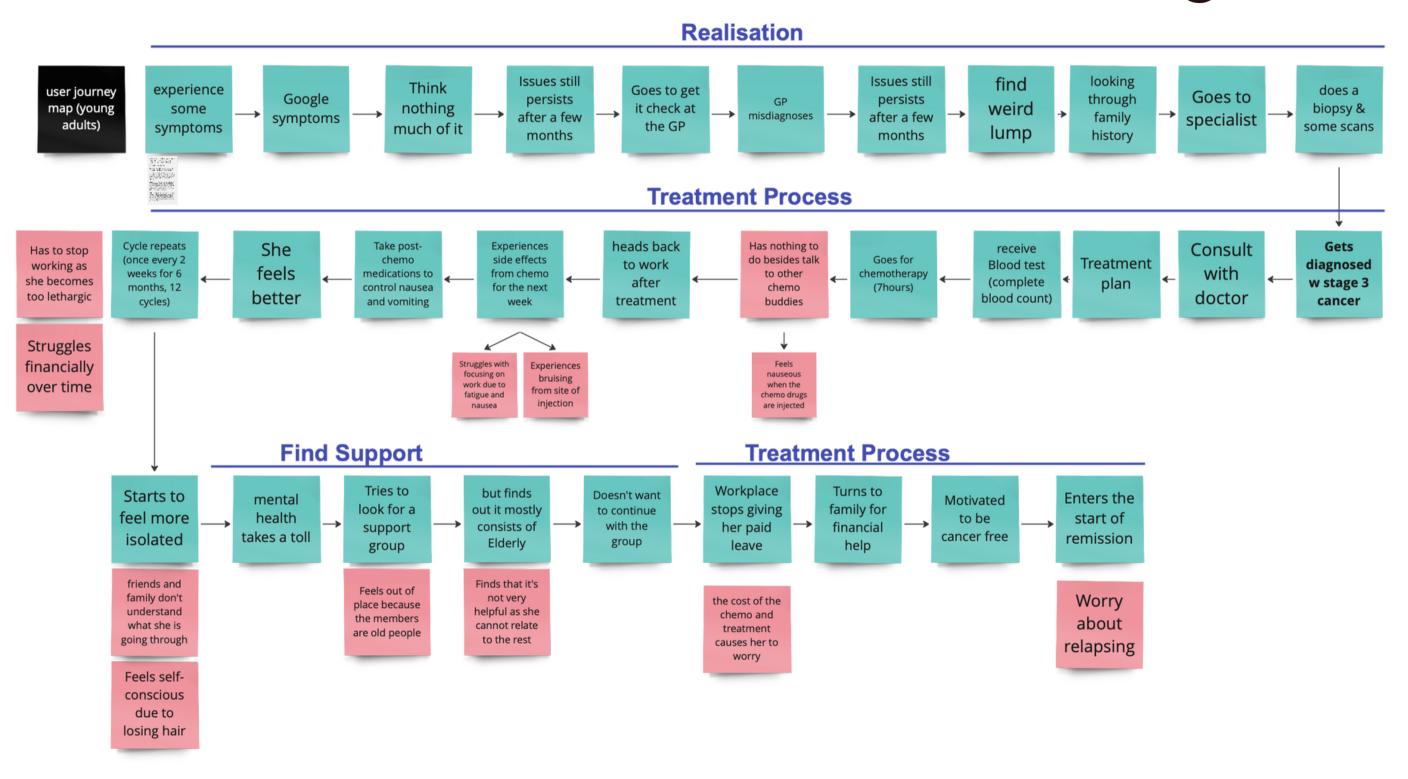
#### PAIN POINTS

- 1. Friends and family unable to relate to her
- 2. Financial pressure to cover treatment costs
- 3. Symptoms of chemotherapy (nausea, fatigue, etc.)
- 4. Fertility concerns
- 5. Bored during long hours of chemotherapy

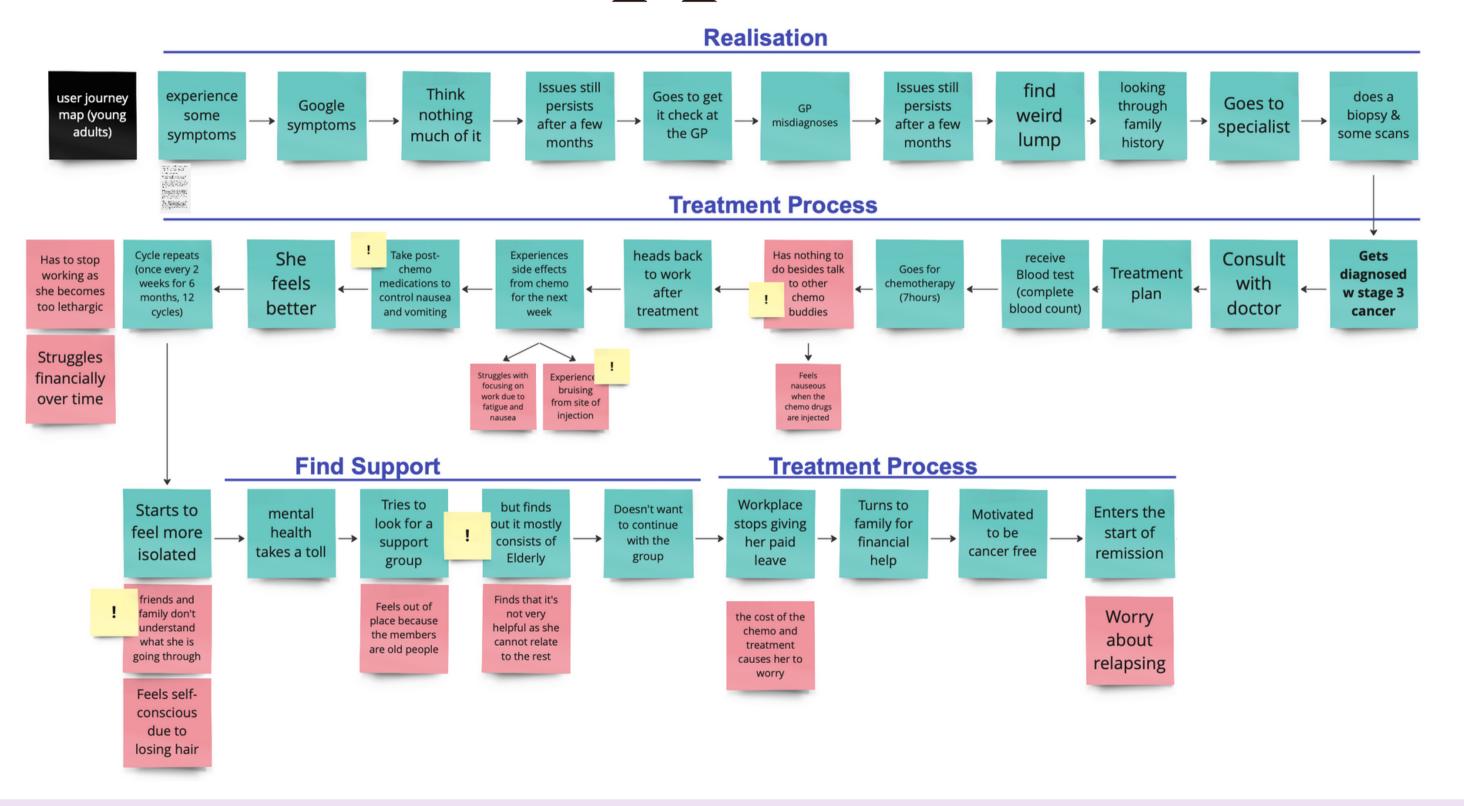
#### **NEEDS**

- Support system that can understand her condition and challenges
- Stable income during treatment
- Something productive to do during treatment
- A means to get life back on track after treatment

### Patient Journey



### Area of opportunities (!)



### Area of opportunities

#### Patients SCS

Friends & Family unable to relate to her

A way to communicate her needs

A platform to connect with people her age with shared experiences

Needs a stable income during treatment

Insurance and job security through partnerships

Bored during long hours of chemotherapy

Provide alternative means to stay productive during sessions

Lack of public awareness and funding

Heighten awareness amongst young adults so they feel compelled to donate Lack of volunteers

Include new volunteering options that will interest young adults

### Thank You!